

## Computerized Order Entry Form

Please complete all sections of this page before proceeding to the order sets

Physician: \_\_\_\_\_ Contact Number: \_\_\_\_\_  
Name

Patient Name: \_\_\_\_\_  
Last First

Medical Record Number: \_\_\_\_\_ Age: \_\_\_\_\_

### CODE STATUS:

FULL CODE

With Advanced Directive for no prolonged life support

Limited CODE

No Intubation

No Chest Compression

No Defibrillation

No Chest Compression, no Defibrillation

No Intubation, no Defibrillation

No Chest Compression, no Intubation

No Intubation, no Defibrillation, no Chest Compression

NO CODE

Terminal comfort care

CODE STATUS is unobtainable from the patient or family member. An order for FULL CODE has been written pending an ability to obtain a CODE STATUS determination.

OTHER: \_\_\_\_\_

## **Stroke Orders – Ischemic and Hemorrhagic**

- If stroke presents less than 6 hours from onset, obtain emergency CT scan of head (non-contrast). Assess for TPA candidacy.

### ***Contingency***

- Notify MD if if neurological status worsens
- Notify MD if temperature >38 C and unresponsive to treatment
- Notify MD if systolic blood pressure > 220 and unresponsive to treatment
- Notify MD if SBP < 90 or drops more than 30% and is unresponsive to treatment
- Notify MD if diastolic blood pressure > 110 and unresponsive to treatment
- Notify MD if heart rate < 50 or > 125
- Notify MD if O2 sat < 92% or patient requires oxygen to maintain O2 sats > 92%
- Notify MD if blood glucose < 70 or > 180 mg/dL (x 2 consecutive measurements)

### ***Interventions***

- Elevate head of bed greater than 30 degrees
- Follow fall risk protocol
- Turn patient Q 2hrs, check skin and pressure points for breakdown
- Foley cath to gravity drainage if unable to void

### ***Respiratory***

- Oxygen per protocol Titrate to O2 sat. > = 92%, notify MD if >4L/min needed

### ***Patient Education***

- Smoking Cessation Education if indicated
- Patient Education on stroke care before discharge.

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Date

Time

Physician Signature

## Diet

- NPO until swallow screen is completed and passed. Screener will then order and advance the appropriate diet for the patient.
- NPO except for medications
- Advance Diet as Tolerated

## Medications for Ischemic Strokes

### ***Anticoagulants / Platelet Inhibitors***

- AGGRENOX 1 capsule orally 2 times a day
- clopidogrel 75 milligram tablet orally daily
- aspirin 81 milligram tablet, chewable once a day
- aspirin 162 milligram tablet, chewable once a day
- aspirin 325 milligram tablet, delayed release (E.C.) orally once a day
- aspirin 300 milligram suppository rectally once
- warfarin 5 milligram tablet orally once
- In adjusting warfarin, please order daily PT/INR
- Avoid the routine use of a therapeutic dose of low-molecular-weight heparin [Evidence](#)
- Avoid the routine use of a therapeutic dose of unfractionated heparin [Evidence](#)

### ***Antihypertensives for Ischemic strokes***

- Avoid antihypertensive therapy unless the patient's blood pressure exceeds 220/120 [Evidence](#)
  - labetalol 10 milligram intravenous push every 30 minutes prn to maintain BP < 220/120. Give each dose over 1-2 minutes. Max total dose 300 mg. Hold for HR < 50
  - Hydralazine 20 milligram intravenous push every 4 hours prn a SBP greater than 220/120
  - niCARdipine Use if no response to labetalol. Start 5 mg/hr. Maintain BP < 220/120

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Date

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Physician Signature

- Nitroprusside Infusion 50 mg/ 250mL D5W Use if no response to labetalol or nicardipine or SBP > 240. Start 0.5 mcg/kg/min. Titration range 0-10 mcg/kg/min to maintain BP < 160/90. Monitor for hypotension. Avoid excessive drop in pressure.
- If nipride infusion continues >96 hours, monitor thiocyanate levels.

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**Medications for Hemorrhagic Strokes**

- Make sure to DISCONTINUE ALL ANTI-PLATELET DRUGS (ASA, clopidogrel, ticlopidine, Aggrenox) AND WARFARIN
  - Vitamin K 10 mg/ml INJ diluted in 50 mL saline or D5W intravenously for 30 minute monitor BP during infusion

***Antihypertensives for hemorrhagic strokes***

- Notify MD if Systolic Blood Pressure less than 120 ,
- labetalol 10 milligram intravenous push every 30 minutes prn to maintain BP < 180/105. Give each dose over 1-2 minutes. Max total dose 300 mg. Hold for HR < 50
- Hydralazine 20 milligram intravenous push every 4 hours prn a SBP greater than 180/105
- niCARDipine Use if no response to labetalol. Start 5 mg/hr. Maintain BP < 180/105
- Nitroprusside Infusion 50 mg/ 250mL D5W Use if no response to labetalol or nicardipine or SBP > 240. Start 0.5 mcg/kg/min. Titration range 0-10 mcg/kg/min to maintain BP < 160/90. Monitor for hypotension. Avoid excessive drop in pressure.
- If nipride infusion continues >96 hours, monitor thiocyanate levels.
  - Nursing Communication maintain BP < 160/90 during infusion, if BP not controlled then notify MD immediately.

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\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Physician Signature

### ***Lipid-Regulating Agents***

- If LDL is greater than 100 choose a lipid regulating agent
  - Lipitor (Atorvastatin) 20 milligram orally once a day, at bedtime
  - Lipitor (Atorvastatin) 10 milligram orally once a day, at bedtime
  - Lipitor (Atorvastatin) 40 milligram orally once a day, at bedtime
  - Lipitor (Atorvastatin) 80 milligram orally once a day, at bedtime
  - Zocor (Simvastatin) 20 milligram tablet orally once a day, at bedtime
  - Zetia (Ezetimibe) 10 mg milligram capsule orally once a day
- Consider baseline Comprehensive Metabolic Panel prior to initiating statins
- With existing hepatic inflammation, consider starting lower dose
- With existing hepatic inflammation, more frequent monitoring of hepatic enzymes is recommended

### **Laboratory**

- Erythrocyte sedimentation rate (ESR)
- RPR
- D-Dimer Quantitative
- HgbA1C
- Lipid Profile ,fasting
- If the lipid profile is NOT ordered, please document that it has been performed within 30 days prior to admission. (Joint Commission requirement)

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### ***Hypercoagulation Panel***

- Hypercoagulation Panel Reference: "Laboratory evaluation of hypercoaguability with venous or arterial thrombosis", Neurovascular Thrombosis section, Archives Pathology Laboratory Medicine - 2002 [Source](#)
- Hypercoaguability Consensus Panel Recommendations "Hypercoagulability: Too Many Tests, Too Much Conflicting Data", Hematology - 2002 [Source](#)
  - Recommended for stroke and TIA in patients with unexplained stroke
    - Homocystine Total
    - Cardiolipin Antibody Panel
    - Lupus Anticoagulant
  - Consider for younger patients with stroke or unexplained stroke
    - Factor V Leiden Mutation
    - Prothrombin G20210 mutation
    - Protein C Functional
    - Protein C Antigen
    - Protein S Total Antigen
    - Antithrombin Activity
    - Antithrombin III Assay
  - Other tests of hypercoagulation
    - APC Resistance
    - Plasminogen
    - Platelet Function Assay
    - Thrombin Time
    - Lipoprotein (a)

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## Diagnostic Tests

- Carotid Duplex study Stat, Reason for Exam: Stroke, Call results [Evidence](#)
- Echocardiogram, transesophageal Reason for Exam: Stroke [Evidence](#)
- CT, head or brain, without contrast ,Reason Stoke. Stat read. Call results [Evidence](#)
- CT Angio Head w Contrast ,Reason Stroke. Stat read. Call results
- CT Angio Neck w Contrast Reason, Stroke. Stat read. Call results.
- US Vasc Dopp Transcran Comp
- MRI Brain wo Contrast ,Reason Stroke. Stat read. Call results [Evidence](#)
- MRA Head wo Contrast ,Reason Stroke. Stat read. Call results [Evidence](#)
- MRA Neck wo Contrast ,Reason Stroke. Stat read. Call results [Evidence](#)
- Select the following three orderables for an Echocardiogram, transthoracic: [Evidence](#)
  - Echo 2D M Mode Reason for exam: Stroke
  - Echo Doppler Color Flow Reason for exam: Stroke
  - Echo Doppler Complete Reason for exam: Stroke
- Document known carotid stenosis of greater than 70%
- Document atrial fibrillation or ventricular tachyarrythmia with rhythm strip and progress note

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## Consults

- Coordinated Rehabilitation Services Assessment
  - Physical Therapy Initial Evaluation & Treatment on day 1
  - Occupational Therapy Initial Evaluation & Treatment
  - Consult to speech therapy for language, speech and swallowing evaluation [Evidence](#)
  - Consult to case management (social services) ECF or SNF placement if patient unable to tolerate activity at 24 hrs post admission

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Date

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Time

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Physician Signature



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Sacramento Sierra Region

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